

Perspective

Vol. 25— No. 8

May 2016



Programs

By
Shirley Mears



President's Column

By
Leonard Skodak

Katrina Cochran

"The Infinite and the Eternal: Life after 60"

Our May luncheon speaker, Dr. Katrina Cochran, the 2015 Ms. Oklahoma Senior America, has a private counseling and consulting practice in Oklahoma City focused on helping people recover from trauma and abuse.



Dr. Katrina is a two-time cancer survivor, a clinical psychologist, and has served in music and education ministry.

She has been instrumental in working with organizations impacted by the 1995 Oklahoma City bombing of the Murrah building, the September 11, 2001 New York Trade Center tragedy, and tornado and hurricane disasters throughout the United States. Dr. Cochran has spent the last 12 years working with the Salvation Army in leadership development and conflict management.

Dr. Cochran has written workbooks on spiritual development, self-esteem, succession-planning and family business, leadership development and conflict management, plus a wealth strategies program for women business owners. She has published articles on parenting, child and adolescent development, marriage and family systems, anger management and PTSD.

A year can sure go by in a hurry, and a great year it has been.

We started with our 25th anniversary celebration in September. Each month after that was filled with great luncheon speakers along with wonderful music.

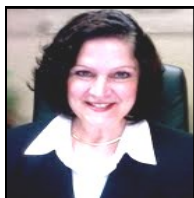
I want to express a big THANK YOU to all of the administrative council for their hard work in putting together each month's luncheon program. I couldn't have done it without your help.

Next year's president, Howard Culbertson, has been hard at work since last fall. The programs for next year promise to continue with the same quality and planning from Shirley Mears.

With continued outstanding leadership and great membership participation that has characterized the history of the Academy, I'm sure the years ahead hold great promise.

OUR MAY 9 LUNCHEON begins at 11 AM in the Webster Commons, Heritage Room, on the campus of Southern Nazarene University. Members will receive a reminder call. If you have not received a call by Thursday, May 5, 2016, RSVP by phone to (405-728-0515) or by emailing donlincarley@prodigy.net





The Director's Corner

By
Eunice Trent

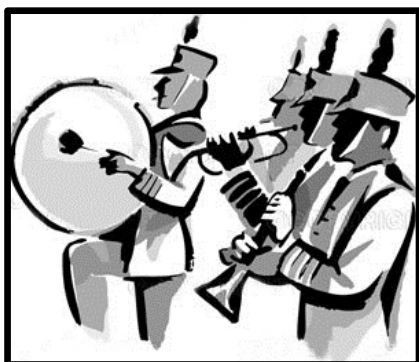
"Sound of the Storm" Marches into SNU History

The new SNU marching band will be making its debut in the fall of 2016. Director, Daniel Abrego, has announced its name will be "Sound of the Storm." The name selection came out of input from current students, faculty, staff, alumni, and members of the community.

"The definition of 'sound' represents some of the core values we intend to establish in the marching band: to convey a specific impression on our community (character), to emit a message that resonates (Christ), to produce a spirit that infuses and vitalizes others (culture). These core values will help to shape the future of this ensemble" said Abrego.

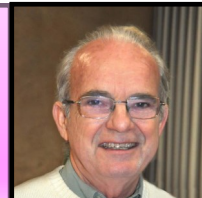
Abrego is looking for seventy-five committed members for the inaugural band. SNU now has a professional-grade turf football field which the band will use for practicing.

The "Sound of the Storm" will make its historic debut performance on September 10, 2016—the first SNU Storm home football game of the year. If you would like to join the Sound's booster program or donate to the needs of a startup university department, contact Professor Abrego at 405-491-6340.



The SNU Connection

By
Howard Culbertson



At each of the ASP monthly luncheons this year, we have heard the stories of SNU student athletes. The SNU Connection time at our May meeting will close this focus on athletics with an interview of ASP treasurer Gary Lance.



Gary, who holds "emeritus" status at SNU, taught at the university for 40 years as well as being registrar for part of that time. Long associated with SNU's athletic programs, Gary remains as Assistant Director of (NCAA) Compliance for the Southern Nazarene University's athletic department. He went to high school at Putnam City High School and then earned bachelor's and master's degrees in mathematics at Oklahoma State University.

Because Gary is so respected and loved, friends and former students set up a scholarship fund in his honor at SNU. A former student wrote of him on Ratemyprofessors.com. "He will take all the time in the world to go over things with you until you understand them."

In 2007 the National Association of Intercollegiate Athletics honored Gary Lance with an award for exemplifying loyalty, enthusiasm and honesty in his contributions to student athletics.

LUNCHEON SPONSOR



14101 N. Kentucky Ave.
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18th Annual Caregiver Survival Skills Conference Coming to Our Senses

Friday, June 10, 2016
The Conference Center at Mercy

8:30 am	Registration, Resource Fair*
9:00 am	Welcome
9:05 am	Embracing Color <i>Carrie Chavers, M.Ed.</i>
10:05 am	Door Prizes & Stress Break
10:15 am	Break and Resource Fair
10:30 am	A Sense of Accomplishment <i>Amy Steele Neathery, JD</i>
11:15 am	Break and Resource Fair
11:30 am	Lunch
12:15 pm	Door Prizes & Stress Break
12:20 pm	A Caregiver's Best Friend Pet Therapy & Stress Management <i>Jessica Welp</i> <i>Emma Brömme, LPC</i> <i>Shotgun</i>
1:15 pm	Break & Resource Fair
1:30 pm	A Sense of Being <i>Bob Willis</i>
2:30 pm	Conference Ends Door Prizes & Surveys *A Sense of Knowledge - Resource Fair Rooms H, I, J, & K

Call to Register Today!
405.936.5821

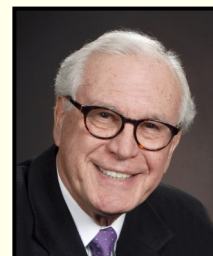
Suggested donation: \$10.00
Checks payable: Mercy Community Outreach
The Conference Center at Mercy
4300 W. Memorial Road
Oklahoma City, OK



Morning Seminar

Why I Journal

The 9:30 a.m. seminar on May 9 will feature "Journaling" by Dale German. Dale has been journaling daily for 38 years. In addition, for 32 years he has written daily letters to his son. His journals in hard bound books total 25,000 pages.

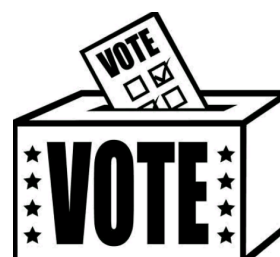


Dale will share what he does and why he does it. He will answer questions, read sample entries, and invite the audience to share experiences. Dale will also tell you that our next ASP President Howard Culbertson started him writing. This should be fun!

Join us at 9:30 a.m. May 9 in the President's Dining Room on the third floor of the SNU Commons building.



ASP Officers Election May 9th Luncheon.





**APRIL LUNCHEON
PICTURES
BY
HAL SWINHART**

**Top-Bottom, Left-right
Dale German, Speaker Ross
Alan Hill, Shirley Mears, Harlan
Moore, Student Dante Archuleta,
Baseball Coach Robert Lee,
Leonard Skodak**





Music Notes

By
Wayne Sacket

We are blessed to have for our music this month a piano duet by Emmalyn German and Eula Mae Neuenschwander. In October, you were introduced to Emmalyn, and now I will give you a little information on Eula Mae.

West Texas was the home of Eula Mae Scales – first Pampa, then McLean where at the age of thirteen Eula Mae began taking piano lessons. She continued her education at Bethany Peniel College, now SNU, where she graduated with a degree in elementary education and a double minor in music. After fifteen years of teaching, God brought Eula Mae to Midwest City, where she took lessons from Mrs. Eleanor Whitsitt to obtain a degree in organ. When Rose State College asked her to teach music for them, she went to UCO to get a Masters Degree in organ.



For more than fifty years, Eula Mae has been teaching music – from private lessons to college level. In 1976, SNU recognized her dedication and achievements by giving her the Outstanding Alumni Award. Please come to our last ASP meeting of the year expecting a blessing from the music of Emmalyn and Eula Mae.

A Personal Note: I have enjoyed getting to know our pianists better through writing these little vignettes of their lives. I need to give a special thank you to Renda Brumbeloe. He has been prepared to step in at the last moment if our monthly musician was unable to play.

ASP “Trek” Time

By
Pat Perry



Dear ASP Members,

Hope everyone is well and ready for a nice summer break. For health reasons, I am not going to head up the Travel Club next year. There are so many travel groups in the area that provide local day trips and longer trips that we all can take advantage of during the year.

It has been a pleasure working with ASP members. I have enjoyed all of you that have traveled with us. If I come up with something really interesting, I will let you know.

Have a blessed summer,

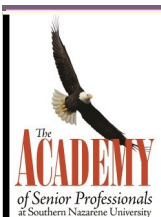
Pat Perry
(405) 373-4157



Renda was born and raised in a Nazarene parsonage in Alabama and received his Bachelor and Master degrees from the University of Alabama. He taught high school choral music in both Alabama and Florida and for twelve years was Minister of Music at Bethany First Nazarene Church. His improvisations of hymns and gospel music were shared with the church as he and Myra Schubert played duets on many occasions.

I believe Renda's desire to be closer to heaven to hear the angels singing led him to become an airline pilot for United Airlines in 1968. During the hours he sat in the captain's seat of an airplane, he undoubtedly came up with many improvisations for the “Fly the Friendly Skies” jingle.





“Sharing a Continuous Flight”

The Academy of Senior Professionals (ASP) is a community of adults from various professional backgrounds who join with others in comparable circumstances in the realization of personal shared goals entailing various forms of intellectual, cultural, spiritual and service activities.

2015-2016 Officers and Committees

Officers

Eunice Trent, Director
Leonard Skodak, President
Howard Culbertson, President-Elect
Arlita Harris, Immediate Past President
Vicki Sacket, Secretary
Gary Lance, Treasurer
Miltonette Brasher, Member Representative
Wayne Sacket, Member Representative

Standing Committee Chairpersons

Eunice Trent, Strategic Planning
Harold Dozier, Bylaws and Organization
Shirley Mears, Programs
Linda Carley, Membership and Calling



ASP Calendar

Monday May 9, 2016

9:00-11:00 a.m. Shuttle Service from the Sawyer Center lot
(41st and Donald) to the Webster Commons
9:30 a.m. Morning Seminar
11:00 a.m. to 1:00 p.m. Luncheon Meeting in the Heritage Room
1:00-1:30 p.m. Shuttle will return to parking lot
1:15-2:15 p.m. Administrative Council Meeting

Special Committee and Activity Leaders

Vicki Sacket, Historian
Leonard Skodak, Morning Seminar Interest Group
Carole Gossett, Book Discussion
Pat Perry, Travel Club
Wayne Sacket, Music
Mary Skodak, Get Acquainted Moments,
Howard Culbertson, SNU Connections

The Academy Perspective

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To make tax-deductible contributions to the Academy of Senior Professionals:

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